



Happy Holidays!

your nourish journey starts now



A glimpse of what's inside the Pick Up Limes app

- 1000+ plant-based recipes
- Step-by-step cook along mode
- Personalized nutrition
- Meal plans perfected for you
- Grocery shopping made easy

Redeem your gift card on the Google Play Store, or on the Apple App Store, and download the Pick Up Limes app. Choose the subscription that suits you best, and you're ready to start your nourish journey!

Ready to print your card?

Here are some tips for the perfect results:

1. Cut through the dotted line
- ← 2. You can then fold it in half following the arrow so it fits in an envelope!